

# Telemedicine BENEFITS



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## Benefits

- **Urgent/Episodic**
- **Unlimited Telemedicine Visits**
- **Specialist Referrals**

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## Common Conditions Treated Via Telemedicine

### Acute Illnesses:

- Colds, flu, sore throats, coughs, respiratory
- Infections and stomach issues are common conditions that can be evaluated via telehealth.

### Skin Conditions:

- Rashes, acne, eczema, and dermatitis can often be assessed and treated through virtual visits

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## Chronic Conditions:

- Telehealth is effective for monitoring and managing
- chronic diseases like diabetes, high blood pressure,
- high cholesterol and allergies through medication
- refills and regular check-ins.

## Other Conditions:

- Telemedicine can also be used for migraines,
- headaches, yeast infections, urinary tract
- infections, and back pain.

## Medication Management:

- Providers can prescribe refills for
- maintenance prescriptions for conditions like high
- blood pressure, diabetes, and allergies.

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## When NOT to Use Telemedicine

**Telemedicine is not for emergencies. If you experience symptoms of a life-threatening condition, such as severe chest pain, shortness of breath, or a severe, gaping wound, you should call 911 or go to the emergency room.**